



Bible Studies

Bible Study: Entering God's Rest

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EsMazing's personal Bible Study notes:

Enter God's rest

Follow me on our Transformerz YouTube Channel. Let's do this Bible Study together. I will post a teaching every Thursday until the study is completed. Join me on Thursday 24 Feb 2022 for the first teaching! Find our Transformerz YouTube channel (@transformerz) and subscribe!

During this Bible study we will talk about:

- What is a sabbatical year of rest? What does this mean to you?
- What does it mean to enter God's rest?
- Why do we want to share the gospel with those who do NOT know God's rest?
- We will learn how to live in rest. You will learn:
 - God is your provider
 - How to spend time in His Glory
 - God listens when no one else does!
 - God gives really good advice!

Lesson 1: What is a Sabbatical Year of rest?

- Make notes from the teaching.
- Now do your own study!
 1. What is a sabbath year of rest?
 2. Do a google search on the 'sabbath rest'. What did you find?
 3. What happens in the sabbath year of rest?
 4. The Jews, in the Old Testament, were farmers. They lived from the land. If they could not sow seed or plant seedlings in a sabbath year, how was it possible for them to survive?
 5. What is God saying to you from this teaching?

Lesson 2: Who can enter God's rest?

- Make notes from the teaching.
- Now do your own study!
 1. Paul talks in this scripture about 'entering His rest'. What do you think this means?
 2. Who can have this rest?
 3. What does it mean to 'harden your heart'?
 4. Why should we not harden our hearts?
 5. What does it mean to rest from your works?
 6. Do you know someone who does NOT have this rest?
- Spend time alone with God. Talk to Him and listen to what He says to you. Write down what happens.

Lesson 3: What is God's rest?

- Make notes from the teaching.
- **Now do your own study!**
 1. Read Romans 14:17 and Luke 7:20 - 21
 2. Answer these questions
 3. What is the Kingdom of heaven?
 4. Where is the Kingdom of heaven?
 5. What are the 3 main things you will find in the Kingdom of Heaven?
 6. Find another scripture about God's love.
 7. Find another scripture about God's joy.
 8. Find another scripture about God's peace.
 9. When you enter His rest, you experience His JOY, PEACE and LOVE.
What is God saying to you about His rest?
- Spend time alone with God. Talk to Him and listen to what He says to you. Write down what happens.

Lesson 4: When you are in God's rest, you know He is your Provider

- Make notes from the teaching.
- Now do your own study!
 1. Read Genesis 22:1- 14 and then Mat 6:25 - 34
 2. Answer these questions.
 3. What happened with Abraham?
 4. Why did Abraham get to know God as His Provider in this passage?
 5. What stands out for you in Math 6:25 - 34.
 6. Find another scripture in the Bible that says God is a Provider.
 7. What is God saying to you?
- Spend time alone with God. Talk to Him and listen to what He says to you. Write down what happens.

Remember: When you are In God's rest, you know in your heart that God provides for all your needs. You do not need to worry about anything.

Lesson 5: Being in God's glory

- Make notes from the teaching.
- **Now do your own study!**
 1. Read Exodus 24:1- 18
 2. Answer these questions.
 3. What did the elders see on the mountain?
 4. Why did it seem like the mountain was covered in flames?
 5. Where did Moses go when he left everyone behind? Verse 15 - 17
 6. How can you go into the glory like Moses? Or can you actually LIVE in the glory? Talk to someone about this!
 7. What is God saying to you?
- Spend time alone with God. Talk to Him and listen to what He says to you. Write down what happens.

Remember: When you are in God's rest, you are continually aware of His Presence.

Lesson 6: Hearing and obeying God

- Make notes from the teaching.
- **Now do your own study!**
 1. Read Exodus 33:7 - 11
 2. Answer these questions.
 3. What happened when Moses entered the tent?
 4. Why did that happen?
 5. What did Moses do in the tent?
 6. Why is it important to speak to God? Why should we also let God to speak with us?
 7. Find another scripture about listening to God or hearing Him speak.
- Spend time alone with God. Talk to Him and listen to what He says to you. Write down what happens.